"Female Voices from Vedic Times"-Inspiration from female sages in Sanskrit Epic & Purāṇa Literature Kuntī, Piṅgalā, Madālasā

World Sanskrit Day Celebrations 2024 Ananda Ashram, NY

#### "For the love of Sanskrit"...

- with special emphasis on Song & the "Sound of Sanskrit": Listening, chanting, and meaning ...
- beautiful and inspiring select Sanskrit verses rendering deep philosophical thoughts. Let us learn from Queen Kuntī about bhakti (devotion) & surrender, from Pingalā about freedom from material desires, from Queen Madālasā about the essence of our true nature
- may we absorb the wisdom and noble qualities of these female sages and apply them in our everyday lives!

### Prayers of Queen Kuntī

Śrīmad-Bhāgavatam (Bhāgavata Purāṇa) Canto 1, Chapter 8, verses 18-43a

#### Śrīmatī Kuntī Devī:

Female sage from the Mahābhārata: wife of King Pāndu, mother to the five Pāṇḍavas, aunt to Kṛṣṇa himself. In this ancient and intimate prayer, Queen Kuntī addresses Kṛṣṇa - not as her nephew but as the Supreme Being she has recognised him to be: her beloved Lord. Her words are devotional, pure, sincere, and timeless.



# "kuntyuvāca..." Teachings of Queen Kuntī

Jahnavi Harrison
Composition "Namo Namaḥ" (2021)

https://www.youtube.com/watch?v=eDZx4F0D3BA

## Teachings of Queen Kuntī: Reverence कुन्त्युवाच

नमस्ये पुरुषं त्वाद्यमीश्वरं प्रकृते: परम् । अलक्ष्यं सर्वभूतानामन्तर्बहिरवस्थितम् ॥ १८ ॥

kuntyuvāca
namasye puruṣam tvādyam
īśvaram prakṛteḥ param I
alakṣyam sarva-bhūtānām
antar bahir avasthitam II

kuntī uvāca— Kuntī spoke; namasye—I bow down; puruṣam—the Supreme Person; tvā—You; ādyam—the original; īśvaram—the controller; prakṛteḥ—of the material cosmos; param—beyond; alakṣyam—the invisible; sarva—all; bhūtānām—of living beings; antaḥ—within; bahiḥ—without; avasthitam—existing. Kuntī spoke: O Kṛṣṇa, I offer my obeisances unto You, because You are the original personality and are unaffected by the qualities of the material world. You are existing both within and without everything, yet You are invisible to all. (ŚB 1.8.18)

## √vac /to speak (2<sup>nd</sup> conj) uvāca = she spoke (perfect tense)

| Active | Singular         | Dual    | Plural |
|--------|------------------|---------|--------|
| First  | uvāca uvaca      | ūciva   | ūcima  |
| Second | uvacitha uvaktha | ūcathuḥ | ūca    |
| Third  | uvāca            | ūcatuḥ  | ūcuḥ   |

Teachings of Queen Kuntī: "Pray for more problems"

विपदः सन्तु ताः शश्चत्तत्र तत्र जगद्गुरो । भवतो दर्शनं यत्स्यादपुनर्भवदर्शनम् ॥ २५ ॥

vipadaḥ santu tāḥ śaśvat tatra tatra jagad-guro l bhavato darśanam yat syād apunar bhava-darśanam ll

vipadaḥ—calamities; santu—let there be; tāḥ—all; śaśvat—again and again; tatra—there; tatra—and there; jagat-guro—O Lord of the universe; bhavataḥ—Your; darśanam—meeting; yat—that which; syāt—may it be; apunaḥ—not again; bhava-darśanam—seeing repetition of birth and death. I wish that all those calamities would happen again and again - so that we could see You again and again. For seeing You means that we will not again see repeated births and deaths. (ŚB 1.8.25)

# √as, asti /to be (2<sup>nd</sup> conj, irregular) santu = let there be (imperative mood)

| Active | Singular | Dual  | Plural |
|--------|----------|-------|--------|
| First  | asāni    | asāva | asāma  |
| Second | edhi     | stam  | sta    |
| Third  | astu     | stām  | santu  |

## vas, asti/to be (2<sup>nd</sup> conj, irregular) syāt = may it be (potential mood)

| Active | Singular | Dual   | Plural |
|--------|----------|--------|--------|
| First  | syām     | syāva  | syāma  |
| Second | syāḥ     | syātam | syāta  |
| Third  | syāt     | syātām | syuḥ   |

### Teachings of Queen Kuntī: Devotion

"Let my heart flow to you always- like a river to the sea"

त्वयि मेऽनन्यविषया मतिर्मधुपतेऽसकृत् । रतिमुद्वहतादद्धा गङ्गेवौघमुदन्वति ॥ ४२ ॥

tvayi me 'nanya-viṣayā matir madhu-pate 'sakṛt I ratim udvahatād addhā gaṅgevaugham udanvati II

tvayi—unto You; me—my; ananya-viṣayā—unalloyed; matiḥ—attention; madhu-pate—O Lord of Madhu; asakṛt—continuously; ratim—attraction; udvahatāt—may overflow; addhā—directly; gaṅgā—the Ganges; iva—like; ogham—a stream; udanvati—in the sea (loc). O Lord of Madhu, as the Ganges forever flows to the sea without hindrance, let my attraction be constantly drawn unto You without being diverted to anvthina else. (ŚB 1.8.42)

### The story of Pingala, the prostitute

(Śrīmad-Bhāgavatam, canto 11, chapter 8, verses 22-44)

"There was once a prostitute named Pingalā. One day she (...) was waiting from sunset until midnight for a customer (...) in great anticipation. But as the time passed, her mind became very uneasy. No man came to see her, and in disgust she finally became renounced, giving up her desire for suitors. Thereafter, she engaged herself in thinking only of the Supreme Lord, and her mind achieved peace. The instruction received from her is that hope for sense gratification is the root cause of all suffering. Only one who has given up such desire can truly achieve peace..."

(From: ŚB, Dattatreya - 24 Gurus)

# "piṅgalovāca..." Teachings of Piṅgalā

Karnamrita Dasi Composition "Pingalā" (2004)

Album: Dasi - Prayers by Women

bit.ly/3AGe0d7

#### पिङ्गलोवाच

अहो मे मोहविततिं पश्यताविजितात्मन: ।

या कान्तादसत: कामं कामये येन बालिशा ॥ ३० ॥

pingalovāca
aho me moha-vitatim
paśyatāvijitātmanaḥ l
yā kāntād asataḥ kāmam
kāmaye yena bāliśā ll

piṅgalā — Piṅgalā; uvāca — said; aho — oh; me — my; moha — of illusion; vitatim — expansion; paśyata — just see, everyone! (2<sup>nd</sup> pl imperative vdṛś, paśyati/to see) avijita-ātmanaḥ — of one whose mind is not controlled; yā — which person (me); kāntāt — from a lover; asataḥ — useless, insignificant; kāmam — pleasure; kāmaye — I desire; yena — because; bāliśā — I am a fool. Piṅgalā spoke: just see how greatly illusioned I am! Because I cannot control my mind, just like a fool I desire pleasure from an insignificant lover. (ŚB 11.8.30)

### सन्तं समीपे रमणं रतिप्रदं वित्तप्रदं नित्यमिमं विहाय । अकामदं दु:खभयाधिशोकमोहप्रदं तुच्छमहं भजेऽज्ञा ॥ ३१ ॥

santam samīpe ramaņam rati-pradam vitta-pradam nityam imam vihāya lakāma-dam duḥkha-bhayādhi-śoka-moha-pradam tuccham aham bhaje 'jñā ll

santam — being; samīpe — most near (in my heart); ramaṇam — the most dear; rati — actual love or pleasure; pradam — giving; vitta — prosperity; pradam — giving; nityam — eternal; imam — Him; vihāya — giving up; akāma-dam — who can never satisfy one's desires; duḥkha — misery; bhaya — fear; ādhi — mental distress; śoka — lamentation; moha — illusion; pradam — giving; tuccham — most insignificant; aham — I; bhaje — serve; ajñā — unwise. I have been unwise to have neglected him, who is eternally situated within my heart and most dear to me: the bestower of real love and happiness and the source of all prosperity. Instead, I have ignorantly served insignificant men who can never satisfy my real desires and who have only brought me unhappiness, fear, anxiety, lamentation and illusion. (ŚB 11.8.31)

## सन्तुष्टा श्रद्दधत्येतद्यथालाभेन जीवती । विहराम्यमुनेवाहमात्मना रमणेन वे ॥ ४० ॥

santuṣṭā śraddhadhatyetad yathā-lābhena jīvatī l viharāmyamunaivāham ātmanā ramaņena vai ll

santuṣṭā — completely satisfied; śraddhadhatī — now having complete faith; etat — in that; yathā-lābhena — with whatever comes of its own accord; jīvatī — living; viharāmi — I enjoy life; amunā — with that one; eva — only; aham — I; ātmanā — with the Supreme; ramaṇena — who is the real source of love and happiness; vai — indeed. I am now completely satisfied, and I have full faith in that (grace). Therefore I will maintain myself with whatever comes of its own accord. I shall enjoy life with only the Lord, because He is the real source of love and happiness. (ŚB 11.8.40)

## आशा हि परमं दुःखं नैराश्यं परमं सुखम् । यथा सञ्छिद्य कान्ताशां सुखं सुष्वाप पिङ्गला ॥ ४४ ॥

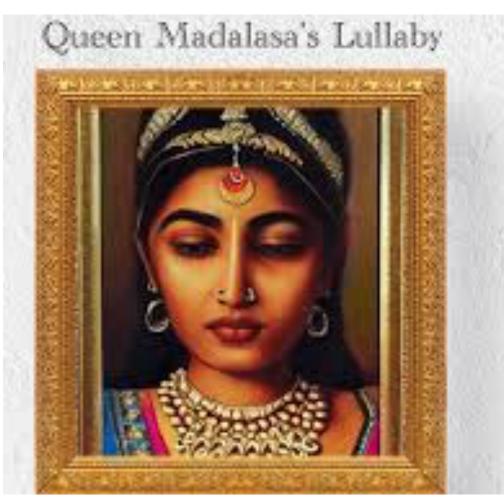
āśā hi paramam duḥkham nairāśyam paramam sukham I yathā sañchidya kāntāśām sukham sukham suṣvāpa pingalā II

āśā — material desire; hi — certainly; paramam — the greatest; duḥkham — unhappiness; nairāśyam — freedom from material desires; paramam — the greatest; sukham — happiness; yathā — in that way; sañchidya — having completely cut off; kānta — for lovers; āśām — the desire; sukham — happily; suṣvāpa — she slept (3<sup>rd</sup> sg perfect tense of Vśvap, śvapati (2<sup>nd</sup> conjugation)/to sleep; piṅgalā — Piṅgalā. Material desire is undoubtedly the cause of the greatest unhappiness, and freedom from such desire is the cause of the greatest happiness. Therefore, having completely cut off her desire for lovers, Piṅgalā very happily went to sleep. (ŚB 11.8.44)

### Queen Madālasā's Lullaby

(From Madālasā Updeśa, Mārkaņḍeya Purāṇa, Ch.25-30)

Queen Madālasā is known as one of India's most ideal and learned women from ancient vedic times. It is considered that she attained enlightenment. Madālasā used to recite this vedantic lullaby to her baby sons when they cried. Due to her direct teachings (she was their main gurvī), three of her four sons gave up the throne and went for penance. A beautiful example of how our mother can be our very first teacher /guru in life ...



# "madālasovāca..." Teachings of Queen Madālasā

Gabriella Burnell (Gaiea)
Composition: "Madālasā" (2018)

(Commissioned by School of Practical Philosophy, Australia)

http://bit.ly/4dvl76Y

### Teachings of Queen Madālasā: Our True Nature

शुद्दोऽसि बुद्धोऽसि निरञ्जनोऽसि सँसारमाया परिवर्जितोऽसि । सँसारस्वप्नं त्यज मोहनिद्रां मदालसोल्लपमुवाच पुत्रम् ॥

śuddho'si buddho'si nirañjano'si samsāra-māyā-parivarjito'si I samsāra-svapnam tyaja moha-nidrām madālasollāpam uvāca putram II

"You are forever pure, enlightened, and untainted untouched by the illusions of Samsara. So give up this dreamworld of of Samsara - and wake up from the deep slumber of delusion." Thus spoke Madālasā to her crying son.

### शुद्धोऽसि रे तात न तेऽस्ति नाम कृतँ हि ते कल्पनयाधुनैव। पञ्चात्मकं देहँ इदँ न तेऽस्ति नैवास्य त्वँ रोदिषि कस्य हेतो॥

śuddho'si re tāta na te'sti nāma kṛtaṁ hi te kalpanayādhunaiva l pañcātmakaṃ deham idaṁ na te'sti naivāsya tvaṁ rodiṣi kasya heto ll

You are forever pure, you do not have a name. A name is only an imaginary superimposition on you. This body made up of five elements does not belong to you nor you to it.

This being so, what is the reason for your crying?

# vas/to be (2<sup>nd</sup> conj, irregular) asi = you are (present tense)

| Active | Singular | Dual  | Plural |
|--------|----------|-------|--------|
| First  | asmi     | svaḥ  | smaḥ   |
| Second | asi      | sthaḥ | stha   |
| Third  | asti     | staḥ  | santi  |

# तातेति किँचित् तनयेति किँचित् अँबेति किँचिद्धयितेति किँचित्। ममेति किँचिन्न ममेति किँचित् त्वम् भूतसँघँ बहु मा लपेथाः ॥

tāteti kimcit tanayeti kimcit ambeti kimciddhayiteti kimcit l mameti kimcinna mameti kimcit tvam bhūtasamgham bahu mā lapethāḥ II

Some may call you father and some may call you son; some may call you mother and some may call you wife. Some say "you are mine" and others "you are not mine". These are all references to this body ("combination of bhūta/physical elements"), do not identify with them.



śuddho'si buddho'si nirañjano'si samsāra-māyā-parivarjito'si l samsāra-svapnam tyaja moha-nidrām madālasollāpam uvāca putram ll